ASH WEDNESDAY February 14, 2018

6:45 AM	Liturgy
9:00 AM	Mass
4:00 PM	Liturgy
5:30 PM	Mass
7:00 PM	Mass



St. Mary's Parish

Mass Schedule:

Monday through Saturday 9:00 AM

Saturday Vigils 5:00 PM 7:30 PM

Sunday

7:30 AM 9:30 AM Family Mass (C.L.O.W. Sept. – May) 11:30 AM Sung Mass

Holy Days: Announced

Adoration Schedule: First Fridays from 9:30-10:30 AM

Our Mission:

"To know Christ and to make Him known."

8 Church St., Holliston, MA 01746 Website: www.stmarysholliston.com Email Address: St.marys1870@gmail.com Rectory Phone: (508) 429 - 4427 or (508) 879 - 2322 Religious Education Phone: (508) 429 - 6076 Fax: (508) 429 - 3324

Dear Visitors: Welcome! We are delighted that you chose to worship with us this day. Please introduce yourself to the priest, and if you are interested in becoming a member of the parish then please call the rectory to register. Please also be aware that for generations it has been the custom at St. Mary's to kneel together for a silent Hail Mary at the end of Mass. Please join in!



Confession: Saturdays from Noon – 12:45 PM in the church or anytime by appointment.

Anointing of the Sick: Any time by appointment. Please call as soon as you are aware of a serious illness or upcoming surgery.

Baptism: The 2nd & 4th Sunday of each month. To register for Baptism Preparation call 429-4427.

Marriage: Please call at least 6 months in advance of your desired wedding date.

PARISH STAFF:

Rev. Mark J. Coiro, Pastor Rev. Jim Flynn, Weekend Assistance The Xaverian Fathers, Weekend Assistance Deacon John D. Barry, Permanent Deacon Deacon Martin Breinlinger, Senior Deacon Mrs. Fran Crespi, D.R.E., Grades K-7 Mr. Matthew Chick, D.R.E., Grades 8-12 Mr. Juan Mesa, Director of Music Mr. Leo Racine, Director of Contemporary Music Mrs. Mary Beth Harris, Parish Secretary Mrs. Kim Lisbon, Religious Education Secretary Ms. Mary Sanning, Business Manager Mrs. Najat Whalen, Sacristan Mr. James Koval, Parish Facilities R & R Landscaping, Cemetery Care

MUSIC	5:00 PM	9:30 AM	11:30 AM
Entrance	#302	#547	#547
Offertory	#690	-	-
Communion	#340	#456	-
Recessional	#616	#388	-

PANTRY SHELF NEEDS: The following grocery items: Canned Tuna, Canned Beans and Kids Snacks. Donations can be dropped off during Pantry hours Monday - Friday from 10 AM - 2 PM and Monday & Wednesday from 4:00 - 7:30 PM. Please remember that you can drop off items in the box at the Elm Street Lobby of the Center Hall.

2018 CORI RENEWAL ALERT: All active volunteers (18 years and older) must complete a 2018 CORI. Forms are being sent out to all volunteers via Constant Contact as an attachment. If you have access to a printer, you may fill them in at home and come to the Religious Education Office for verification and signature. You will need to show a photo ID and place your driver's license number on the form. Bring your completed CORI form to the RE office or to a Staff member. CORI forms are available on the table outside the Religious Education Office.



THE ROSE FOR LIFE: Is sponsored this week by the Bomba Family. Please join them in prayer for an unborn child.

LAST SUNDAY'S PARISH OFFERTORY:

Mass Collections:	\$ 10,406.00
Automatic Giving:	\$ 4,870.00
Total Offertory:	\$ 15,276.00

Thank you for your faithful support of your parish each week. May God bless you!

PRAYERS AND MASS INTENTIONS:

Saturday	February 10
5:00	Encarnacion De Guzman, 3 rd Anv.
7:30	Walter J. Ciampa, Sr.
Sunday	February 11
7:30	People of St. Mary's
9:30	Marion Riley &
	John Hanna, 7 th Anv.
11:30	Gr. 5 Healing Mass
Monday	February 12
9:00	Mary Ann Harris Livens
Tuesday	February 13
9:00	Robert Gallerane
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ASH WEDNESDAY February 14 - See Bulletin Cover

Thursday	February 15	
9:00	Cesar Ignacio Gonzales	
Friday	February 16	
9:00	Rev. Francis A. O'Hara	
Saturday	February 17	
9:00	Marriage Prep. Teaching Mass	
5:00	Paul T. Shea & Louis Zeramby	
7:30	John Collins	
Sunday	February 18	
7:30	People of St. Mary's	
9:30	Barbara Brown, 1 st Anv.	
11:30	Patrick McDonald	

TEACHING MASS: Next Saturday, February 17 at 9 AM, the usual daily Mass will be a "Teaching Mass," with commentary and reflection throughout. Although this Mass is part of our Transformed in Love Marriage Program, any parishioners desiring to understand the beauty and meaning of the Mass more deeply are welcome to participate.

WINGS (Women in God's Spirit):

Is a ministry of encouragement and enrichment for women who seek to deepen their faith and grow in relationship with God and one another. Please join us on Wednesday, February 14 from 10:00 - 11:30 AM. Maureen Eagan will be



offering a reflection on "Ruth Makes A Proposal" pages 52-61 in "Love Crosses Boundaries" by Kevin Perotta. All women are welcome whether they can just drop in once or attend each week. For additional information about the WINGS ministry, please call Linda Calabrese at (508) 893-7919 or Lisa Dufault at (774)-286-1844.



From the Pastor's Desk

Dear Members of the St. Mary's Parish Family,

Today we focus on Jesus' compassionate love for the sick – a love reflected in His healing of the leper. The fact that Jesus heals this man by touching him speaks volumes. In addition to the fear of disease leprosy engendered, lepers in Jesus' day were also considered ritually unclean. They were outcasts, forced to live apart from society, and made to cry out *"unclean, unclean"* in warning to any who drew near. And yet Jesus *touches* the leper, healing him not only of his disease, but of his isolation.

Leprosy today is rare, but there are many in our midst who feel cut off, isolated, and alone. Let us "touch" them like the Lord, finding ways to let them know that they are not forgotten, and that they have value in their lives.

In Christ's Service and Yours,

Rev. Mark J. Coiro Pastor

P.S. Many thanks to Mrs. Crespi and our 5th Graders for organizing and hosting today's 11:30 AM Mass of the Anointing of the Sick!



PRE-LENTEN MINI-RETREAT: <u>Today, Sunday</u>, February 11 at 3:30 PM in the Church: All are welcome to spend one hour with our Lord in Eucharistic Adoration while meditating on the Sorrowful Mysteries. "*Alas! …. How few there are, even among Christians, who reflect on the sorrows and ignominies which our Redeemer has endured for our sake. We barely remember in a passing way the Passion of Jesus Christ, during the last days of Holy Week, when the Church renews the remembrance of His death by a mournful chant, by the nakedness of its altars by the silence of its bells" - St. Alphonsus*

LENTEN EVENING PRAYER: Come enjoy Lenten Evening Prayer at 7 PM in the Church, (15-20 minutes) on February 20, 27, March 6, 13 and 27. This is the daily prayer of the Catholic Church consisting of psalms, hymns, and intercessions. Come find peace at day's end.

LENTEN SOUP SUPPERS ~ STARTS THIS FRIDAY, FEB. 16: Bring the whole family and friends to enjoy a homemade meal, prayer and friendship every Friday during Lent (except March 16 due to the Requiem Mass that night). Come meet other families in the parish as we seek the Lord anew. Would you like to contribute food or labor? Start a new tradition or continue with an old one by helping to prepare a soup, salad or delicious cheesy pasta. Don't like to cook? Bring a savory bread or just help out with setting up or breaking down. It's easy to volunteer, just visit: https://docs.google.com/spreadsheets/d/1JyET RzqgfR1zWMH5Z5UtAjaqZsxF7VcphV2 t7 9j4/edit#gid=0 and sign up or email mlorandos@verizon.net. Have a blessed Lent!

WHY DO WE FAST ON ASH WEDNESDAY & GOOD FRIDAY?



Christian tradition names at least seven reasons for fasting:

- 1) From the beginning, God commanded some fasting, and sin entered into the world because Adam and Eve broke the fast.
- 2) For the Christian, fasting is ultimately about fasting from sin.
- 3) Fasting reveals our dependence on God and not the resources of this world.
- 4) Fasting is an ancient way of preparing for the Eucharist—the truest of foods.
- 5) Fasting is preparation for baptism (and all the sacraments)—for the reception of grace.
- 6) Fasting is a means of saving resources to give to the poor.
- 7) Fasting is a means of self-discipline, chastity, and the restraining of the appetites.

COMMUNION PROCEDURE REVIEW

Communion on the Tongue: More parishioners have lately begun receiving on the tongue, which is fine. However, please remember to open your mouth wide and stick out your tongue after saying AMEN. It is Communion on the tongue - not Communion in the mouth. If you just crack your lips to receive, it is almost impossible to get the host into your mouth without touching your lips, which is unhygienic. So please, open your mouth wide and stick out your tongue at the person giving you Communion - we won't be offended! :)

* All persons with a child in their arms, or those using canes or walkers, should receive on the tongue both for their safety and that of the Body of Christ. In 2012 two elderly people fell while taking their hands away from their cane / walker to receive. This also happened at a Mass last weekend, prompting this reminder. At a 2013 Christmas Mass, an infant was dropped (and thank God caught) when the parent carrying her tried to receive in the hands. In all three instances, the Body of Christ was dropped onto the ground.

Communion in the Hand: Following the Second Vatican Council, Communion in the hand was allowed for the first time in many centuries. It is, however, only allowed to occur in one very specific form - <u>left hand on</u> <u>top of right hand, both hands raised up **high** together</u>. Church documents describe this as "making a throne for God." Not only is it a very reverential form, it also is the safest way to make sure the Body of Jesus is not dropped.



For the safety of Communicants and out of respect for the Body of Christ, the following forms of receiving Communion are never permitted:

-Reaching out to take the host. (The Eucharist is a gift that must be received, not taken).

- -One hand extended.
- -Hands extended side by side.
- -Hands encumbered by a purse or any other object.

-Hands covered by clothing (gloves, long sleeves, etc.). Only bare skin may receive the Host, lest particles of Jesus' Body get snagged or rubbed off instead of being consumed.

-Receiving with gum in the mouth. Gum chewing is a violation of the one hour Eucharistic fast. Also, for the Body of Christ to be mixed with chewing gum is a terrible sacrilege.

Again, persons who are carrying a child or who use a cane or walker should not attempt to receive Communion in the hand. This became a serious safety issue in our parish (see above *), as two hands must be used and this can cause imbalance, falling, dropping a child, and / or dropping the Body of Jesus.

After Receiving Communion: This is a time for intense prayer, the closest we will come to God in this life before we meet Him face to face in the life to come. Except in cases of illness or other emergency, walking out the door right after receiving Holy Communion is considered a grave act of disrespect both to the Body of Christ and to the worshipping community. Many of the great saints, especially St. Phillip Neri, have written about the spiritual peril of falling into this habit – heeding the call of the world and turning away from the call to prayer. In the words of St. Magdalena de Pazzi, *"The minutes that follow Communion are the most precious we have in our lives."*

Before Receiving Communion: "As Catholics, we fully participate in the celebration of the Eucharist when we receive Holy Communion. We are encouraged to receive Communion devoutly and frequently. In order to be properly disposed to receive Communion, participants should not be conscious of grave sin and normally should have fasted for one hour. A person who is conscious of grave sin is not to receive the Body and Blood of the Lord without prior sacramental confession except for a grave reason where there is no opportunity for confession. In this case, the person is to be mindful of the obligation to make an act of perfect contrition, including the intention of confessing as soon as possible (canon 916). A frequent reception of the Sacrament of Penance is encouraged for all." USCCB



Abstinence -- Catholics over 14 years of age are bound to the obligation of abstinence. Abstinence is to be observed on **Ash Wednesday** and on all Fridays of Lent. On days of abstinence, meat may not be used at all.

Fasting -- Catholics over 18 and up to the beginning of their 60th year are bound to the obligation of fasting.

Ash Wednesday and Good Friday are the days of fasting. On these days, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed.

BLESSING OF MARRIED COUPLES: In honor of World Marriage Month, St. Mary's will offer a special blessing to all married persons at Masses next weekend, February 17 and 18. As is our custom, the couple at each Mass *present together* and *married the longest* will be presented with roses, as we honor all our married couples and ask God's grace upon them.



WORLDWIDE MARRIAGE ENCOUNTER: Is a weekend for married Christian couples who value their relationship and desire a richer, fuller life together. The emphasis of Worldwide Marriage Encounter is on communication between husband and wife, who spend a weekend together away from the distractions and the tensions of everyday life, to

concentrate on each other. It's not a retreat, nor a marriage clinic, nor group sensitivity. It's a unique approach aimed at revitalizing Christian Marriage. This is a time for you and your spouse to be alone together. To rediscover each other and together focus on your relationship for an entire weekend. Visit: <u>https://wwmema.org/index.php</u>.

EPIC: Our next EPIC night is TONIGHT, Sunday, February 11 from 7:30 to 8:45 PM in Fr. Haley Hall. Paperwork has been emailed out to members. Our next EPIC event is serving the youth at Corpus Christi Parish in Lawrence on Monday, February 19 (President's Day). Please contact Matthew Chick at stmarysym1870@gmail.com with questions.

MIDDLE SCHOOL YOUTH GROUP <u>FEBRUARY EVENTS</u>:

Tues. Feb. 20: Sky Zone, Basilica & Quincy Market (6th & 7th Grade).

Wed. Feb. 21: Boda Borg & Quincy Market (8th Grade).

<u>Sunday, February 25</u>: **Monthly Meeting**, 6:30 – 8 PM, Summer Rafting Trip, Presentations & pre-Sign Ups, Sign Ups for Late Night Cosmic Bowling (March 23) and 8th Grade BINGO Service Trip (March 26), plus it's Nacho Night!

WISDOM FROM THE SAINTS: "Such are the souls of the saints: they love their enemies more than themselves, and in this age and in the age to come they put their neighbor first in all things, even though because of his ill-will he may be their enemy. They do not seek recompense from those whom they love, but because they have themselves received they rejoice in giving to others all that they have, so that they may conform to their Benefactor and imitate His compassion to the best of their ability; 'for He is bountiful to the thankless and to sinners' (cf. Luke 6:35)." - St. Peter of Damascus



DO YOU STRUGGLE WITH PORNOGRAPHY? WELCOME TO PURITY IS POSSIBLE: <u>http://www.purityispossible.com/</u>

Purity is possible for everyone. Purity is a state of peace in which your sexual desires and actions are in full agreement with your ideals. Living according to our ideals always brings us joy, and everyone can learn how to bring their actions into accord with their ideals through well-crafted practice.

The purpose of this website is to apply the wisdom and science of behavioral therapy to the challenge of overcoming addictive sexual behaviors. In the modules provided, you will learn step-by-step how to gain mastery over cravings, anxiety, and distraction. You will be introduced to cutting-edge research in neuroscience, psychology, physiology, and medicine. And you will find, along the way, many reasons for hope.

CLOW- CHILDREN K-6: Today, Sunday, February 11, the children will be dismissed from the main assembly and led to the Lower Church Hall to hear what Jesus has to tell them in the Gospel. **Please note:** Younger children are welcome **but must be accompanied by their parents** and be able to sit and engage in the lesson. Older children are welcome to CLOW as assistants to the adult leaders.

PICK OF THE WEEK: A Lenten Encounter

with Mercy. A Lent to Remember is a beautiful presentation of the transforming power of mercy in the Sacrament of Confession. No matter what you have done, no matter how long you have been away, Jesus is waiting for you with open arms this Lent! "This presentation on forgiveness is about as good a lesson as any I have ever heard. The final lines closed the deal for me: 'One of the most powerful things that could happen to any of us is that moment when we know we do not deserve to be loved, and despite that, we are loved anyway.'" — Mike M, Port Neches, TX. Go to www.formed.org and view Symbolon or Forgiven. Just enter your email address and our Password NW3N3Q. Then follow the directions to register to view these two great programs on confession and God's mercy.

GRADE 5 CHRISTIAN SEXUALITY WORKSHOPS

FOR PARENTS: Parents are required to view the program and sign a "Permission" form or a "Previously Previewed" permission form before their child is allowed to attend the student workshop on Saturday, March 17. If you missed the parent workshop and want to view the program contact Fran at <u>st.marysdre1870@gmail.com</u>.

GRADE 5 SPONSORED HEALING MASS TODAY,

SUNDAY, FEBRUARY 11 AT 11:30 AM. This Mass is sponsored by the Grade 5 children. Parents need to be aware that their children will remain after the Mass for an extra 15 minutes to witness the Anointing of the Sick.

GRADE 3 - PARENT ROSARY MAKING

WORKSHOP: On Saturday, February 17 parents and teachers are asked to help make Rosary kits for the Grade 3 children. We will need parents and teachers to help prepare the kits for the Grade 3 General Session in April. The workshop is from 10 -11 AM in RM 3-4 of the Center.

COMPASSIONATE FRIENDS: Tuesday, February 20 at 7:45 PM in the Library.

PERSONAL CARE ATTENDANT (PCA) NEEDED: Call Cathy Disciullo at 508-429-4990 if you can help. **CONFIRMATION I AND II:** Grade 9 meets on Tuesday, February 13 and Thursday, February 15 at 6:30 PM in Fr. Haley Hall.

GRADES 9 - 10 STUDENT VOLUNTEERS ARE NEEDED: Our Grade 2 program needs volunteers for the **Grade 2 Family Retreat** on Sat., April 7 from 12:00 Noon to 5:00 PM. Student volunteers are needed to help with **First Communion Masses** on Saturday, May 5 and May 12. Please contact us at 508-429-6076 or send an email to: st.marysdre1870@gmail.com.

WEEK 5 RELIGIOUS EDUCATION SCHEDULE		
DAY	GRADE	GRADE
Sun., Feb. 11	GR-2 at 8:10 AM	GR-3 at 7:55 AM
	GR-2 at 10:45 AM	GR-3 at 10:45 AM
	GR-6 at 1:00 PM	GR-7 at 5:30 PM
Mon., Feb. 12	GR-3 at 3:00 PM	GR-4 at 3:00 PM
	GR-6 at 6:00 PM	
Tues., Feb. 13	GR-4 at 4:00 PM	GR-6 at 4:00 PM
	GR-9 at 6:30 PM	
Wed., Feb. 14	GR-6 at 4:00 PM	Ash Wednesday
Thu., Feb. 15	GR-9 at 6:30 PM	
Sun., Feb. 18	NO CLASSES	February Vacation

WEEK'S RELIGIOUS EDUCATION SCHEDULE

CORI RENEWAL REMINDER: All volunteers 18 years and older must submit a new CORI for 2018.

ADULT FAITH FORMATION: Session 16 of the *EPIC* twenty session series on Church History will be shown on Tuesday, February 13 at 10:00 AM in Room 3 - 4. Everyone is welcome to join us.



R.E. CLASS SNOW CANCELLATIONS:

When Holliston public schools are closed due to inclement weather, religious education classes will not be held. See Channel 5 and 7

during the week day for snow cancellations and Channel 4 on Saturday & Sunday only for cancellations. Call the R.E. Office at 508-429-6076 and press ext. 28 for class cancellation notices.

