



## Meet Him In Ashes ~ Wednesday, February 14



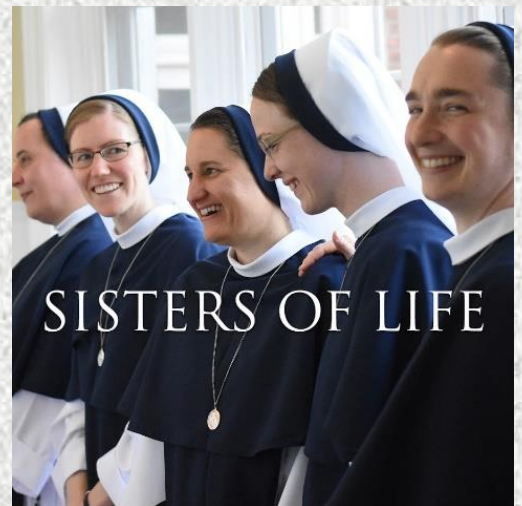
|         |         |         |         |
|---------|---------|---------|---------|
| 6:45 AM | Liturgy | 4:00 PM | Liturgy |
| 9:00 AM | Mass    | 5:30 PM | Liturgy |
|         |         | 7:00 PM | Mass    |

Ashes will be distributed at all five celebrations.  
*"Remember you are dust and unto dust you shall return ..."*

## Meet Him With the Sisters of Life ~ Thursday, February 15

Lenten Holy Hour with the Sisters of Life - Thursday, February 15  
at 7:00 PM at St. Mary's Church in Holliston, MA.

This Lent, St. Mary's is excited to host the Sisters of Life for a special talk and Holy Hour, with a reception to follow. This will be a beautiful opportunity for prayer, contemplation, and fellowship with the Sisters of Life - a vibrant and thriving religious order doing courageous work to support a culture of life. Enjoy live music performed by the Sisters, a Lenten reflection by them, spend time in prayer before the Blessed Sacrament, and gather for fellowship and refreshments afterward in Fr. Haley Hall.



More about The Sisters of Life: The Sisters of Life are a contemplative/active Roman Catholic community of women religious, who profess the three traditional vows of poverty, chastity, and obedience, and a fourth vow to protect and enhance the sacredness of human life. They were founded by Cardinal John O'Connor in New York in 1991, and received formal approbation as a religious institute in 2004, under Cardinal Edward Egan. They currently serve in the [Arch]dioceses of New York, Albany, Bridgeport, Philadelphia, Denver, Phoenix, Washington, D.C., and Toronto, Canada. Their missions include serving women who are vulnerable to abortion, giving them the support and resources to be able to choose life for themselves and their children; hosting weekend retreats; evangelization; outreach to college students; and helping women who have suffered after abortion to encounter the mercy and healing of Jesus Christ ([www.sistersoflife.org](http://www.sistersoflife.org)).

This evening is being offered in conjunction with St. Benedict's, and high attendance is expected.

**IT IS THEREFORE A TICKETED EVENT, WITH PRE-REGISTRATION REQUIRED.**

You may register at: <https://www.eventbrite.com/e/holy-hour-with-the-sisters-of-life-tickets-775640831607?aff=oddtcreator>. Don't forget to print out and bring your ticket!





## *Meet Him On the Road ~ Saturday, February 24*

Join us for a Lenten Retreat Hour from 10:30 - 11:30 AM in St. Mary's Church. Deacon John Barry will Expose the Blessed Sacrament for Eucharistic Adoration. During this time of prayer, he will offer the reflection, "Lent - The Road To Hope!" We live in a world where attachment to material things, status, work and even

loved ones can dominate our attention and confine our spiritual life. The things we have become attached to, if they are not of God, can enslave us and lead us away from the Lord and His plan for our holiness. Some of our unnatural attachments may arise from suppressed emotional wounds or from misconceptions about our true identity and our purpose in life. Our retreat will focus on reclaiming who we are and recognizing some potentially unhealthy attachments. By shifting our thinking, and our habits of excess during the Lenten season, we can open pathways for God's grace to help us in our journey toward freedom and a holier and more meaningful life.

## *Meet Him In Adoration And A Good Confession ~*

In addition to the usual Saturday Noon to 12:45 PM Confession time, during Lent St. Mary's Thursday night Eucharistic Holy Hours will also have the opportunity for Confession, from 7 - 8 PM in the church. Each Lenten Holy Hour includes an intention for which we ask you kindly to pray during your time before Jesus in the Blessed Sacrament:

February 22: Please pray for Peace in Palestine and Israel.

February 29: Please pray for Peace in Ukraine.

March 7: Please pray for Peace and Unity in our Nation.

March 14: Please pray for Reverence for all Human Life.

March 21: Please pray for Freedom from Addictions.



*"Our Lord himself I saw in the venerable Sacrament of Confession. I felt as if my chains fell, as those of St. Peter, at the touch of the divine messenger."*

– St. Elizabeth Ann Seton





## *Meet Him Around The Table.*

### *Friday Lenten Suppers ~*

Join us for a great meal, prayer and deepening your community connection to your St. Mary's family!

**Fridays at 6 PM: February 16, 23; March 1** (beginning at 5:30 PM as the St. Paul Boys Choir performs at 7 PM), **8, 15 and 22,**

Our Lenten Suppers will take place in Fr. Haley Hall and will include a range of food options while observing Friday's abstinence from meat - as well as child friendly food.

Families with young children are encouraged to come and not feel burdened about bringing a meal, please let your St. Mary's community lift you up. This also applies to any individual / couple / family feeling burdened where bringing a meal would prevent you from attending. We are all in different seasons of life, let your St. Mary's family be a safe landing spot for you this Lent!

If you'd like to help, please email Natalie Pomarico at [st.maryslentensuppers@gmail.com](mailto:st.maryslentensuppers@gmail.com). You will be added to the Lenten Supper Volunteer Group. A weekly 'Sign Up Genius' goes out via email to the volunteer base and individuals sign up for available food/drink slots. Volunteer participation varies week to week, some volunteer once during the six weeks, some commit to every week and others dip in and out of helping. Thank you!

## *Meet Him With The St. Paul's Boy Choir ~*

Friday, March 1, 7 - 8 PM in St. Mary's Church. Bless your Lent with an evening of rapturous music by the internationally acclaimed Boys Choir of St. Paul's Choir School in Cambridge. Directed by Richard Webster, the Choir will perform selected works from the classical repertoire, including pieces by Dering, Bach, Vivaldi, Rheinberger, and Lallouette.



The Concert is free and open to all.

For more information about St. Paul's Choir School, please visit [www.saintpaulschoirschool.us](http://www.saintpaulschoirschool.us).

\* The Lenten Friday Soup Supper will start early this night, at 5:30 PM, so that you can attend both.





## *Meet Him For Forty Hours ~*

*Sunday, March 10 - Tuesday, March 12*

**40 Hours Devotion:** In celebrating this devotion, the Blessed Sacrament will be exposed on the altar at St. Mary's for forty continuous hours. The church will be open throughout and people may stop in at any time to visit with the Lord in prayer. The Forty Hours Devotion nurtures the love of the faithful for our Lord in the Blessed Sacrament. Additionally, three special dimensions surround this devotion:

- the protection from evil and temptation;
- reparation for our own sins and for the Poor Souls in Purgatory;
- and deliverance from political, material, or spiritual calamities.



### **Sunday, March 10**

11:30 AM Opening Mass  
6:00 PM Evening Prayer  
8:00 PM Scripture Reflection

### **Monday, March 11**

9:00 AM Morning Mass (Hall)  
Noon Holy Rosary  
6:00 PM Evening Prayer  
8:00 PM Scripture Reflection

### **Tuesday, March 12**

9:00 AM Closing Mass with  
Benediction

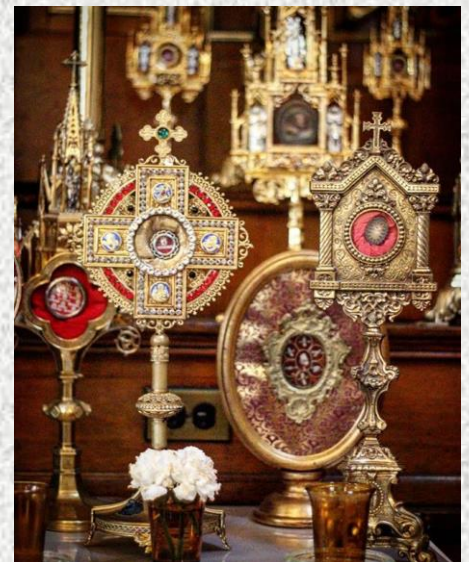
Anyone and everyone is welcome at any time without signing up. But we need a minimum of two people committed to each specific hour the Blessed Sacrament is Exposed for Adoration. Please sign up at: <https://www.signupgenius.com/go/805094DA5AB29A3FC1-40hours2>.

## *Meet Him With the Saints ~ Sunday, March 17*

The Holy Relics of more than one hundred saints will be Exposed for Veneration at St. Mary's on Sunday, March 17, from 6 - 8 PM in the church. They include relics of St. Francis of Assisi, St. Therese of Lisieux (the Little Flower), and St. Anthony of Padua. Also, some of the rarest relics of the Passion will be present.

The Exposition will begin with a presentation and teaching about relics that is aimed at answering most questions the guests come with. Spiritual points are made about praying, intercession, and healing. Emphasis is on the Gospel message of healing to bring people to encounter Jesus.

There is no cost, but a free will offering basket will be available to support the Relic Ministry. The Sacrament of the Anointing of the Sick will be available during the Relic Exposition for anyone facing serious illness - mental or physical.





**Loving God,  
during this sacred season of Lent,  
bring me closer to You.**

**Prepare a place in my home and heart for silence  
and solitude, so that I may re-discover  
the grace of a prayer filled life.**

**Help me to fast from those things that threaten  
the well-being of body and soul,  
and remind me of the grace of simplicity.**

**Enlarge my heart so that I give to those in need  
and, in so doing, rediscover  
the grace of gratitude and generosity.**

**May this season be a grace-filled time  
to rekindle my love and faith in You. Amen.**

